



# **Little Champ Camp**

**Parents Handbook**

Summer 2019

# Welcome to Little Champ Camp

Little Champ Camp would like to extend a very warm welcome to you and your family. During camp, your child will benefit from our low camper/leader ratio which allows us to supervise and interact with the campers very efficiently. It is our goal that your child not only enjoys their stay at Little Champ Camp but learns new skills and develops a champion mindset.

## Camp Mission

We believe in providing a positive environment, encouraging all campers to learn and develop new skills, build self-confidence and self-worth, and being the best camper, they can be. We follow our CHAMPION philosophy in all programming, ensuring we provide the best support in the camper learning a champion mindset.

C – Courage to be you

H – Honor in what you do and how you treat others

A – Attitude; developing and maintaining a positive mindset

M – Motivating yourself to be the best you can be

P – Persevering in all goals set out

I – Integrity in all that you do

O – Optimism in all circumstances, focusing on the good

N – Never giving up

We will have Special Guests coming throughout the Summer that will help inspire and create confidence with their motivating messages and stories. You don't want to miss it!

## What's Inside?

Registration Guide

Camp Fees

Payment Structure

What to Bring to Camp

Swimming

Behavior Policy

Allergies and Food

Trips

Safe Arrival and Dismissal

Rainy Day Policy

Late Fee Policy

Emergency and Illness

Safety



## Registration

Please fill in the Registration package and send to [littlechampcamp@gmail.com](mailto:littlechampcamp@gmail.com). You will be asked on registration day for your signature on all paperwork filled.

## Camp Fees

Registration Fee: \$45 to be paid at Registration to save your child's spot (\$20 Registration Fee, \$25 to be deducted from total).



All of our camp fees are listed

## Camp Hours

Adventure Program and Sports Program:

9:00 am - 4:00 pm;

Pre-Camp: 7:30 am - 8:00 am;

Extended: 4:00 pm - 6:00 pm

## Ways to Lower Your Camp Fees

1. Register for more weeks and Save!
2. Register Early and Save!
3. Large Family Discount

\* Check out our website page Fees and Dates for more information\*

Programs	Full Day Adventure	Full Day Multi-Sports	Part-Time (4 day week)	Half Day 9 am - 1 pm 12 pm - 4 pm	Extended AM	Extended PM
	Ages 5 - 16	Ages 5 - 16	Ages 5 - 16	Ages 5 - 16	Ages 5 - 16	Ages 5 - 16
<b>1 Week</b>	\$220	\$220	\$180	\$150	\$25	\$50
<b>July Full Month - 4 Weeks</b>	\$860	\$860	\$700	\$600	\$75	\$175
<b>August Full Month - 5 Weeks</b>	\$1080	\$1080	\$880	\$750	\$100	\$200
<b>9 Weeks</b>	<b>\$1940</b>	<b>\$1940</b>	<b>\$1600</b>	<b>\$1350</b>	<b>\$175</b>	<b>\$375</b>

# What to Bring to Camp

**Adventure Program:** Please bring closed toed shoes, sunscreen, hat, towel, swimsuit, extra pair of clothes (shorts, shirt), plastic bag, lunch, snacks, and a full water bottle.

**Sports Program:** Please bring closed toed shoes (preferably running shoes), sunscreen, hat, towel, swimsuit, extra pair of clothes (shorts, shirt), plastic bag, lunch, snacks, and a full water bottle.

\*Please label all items with campers first and last name to ensure nothing is misplaced\*

## Swimming

All programming involves a portion of swim throughout the daily schedule. Every camper will be required to be able to swim – if your child cannot swim independently please let the Camp Director know prior to registration. The swimming pool being used is Don McLean West Acres Outdoor Pool. Campers will use the pool facilities to get changed with the same gendered counselor supervising. There will be trained life guards as well as our CPR and First Aid Trained Counselors. Deep end tests will be conducted each week. Regular swim admission standards will apply.

All Campers will be required to bring:

- A towel
- A plastic bag
- A bathing suit/ bathing shorts - all campers must have the ability to change themselves
- Sunscreen - all campers required to apply sunscreen themselves

\*Optional: bathing shirt, goggles, and life jacket



# Behavior Policy

At Little Champ Camp we pride ourselves in developing a champion attitude. This means being a leader by using respectful mannerisms, nice language and actions, sharing, and doing more for others than yourself.

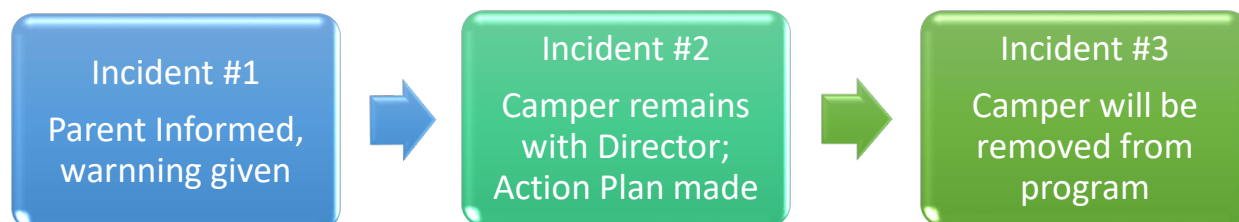
These are the requirements we ask all campers to follow:

- Using please and thank you
- Taking turns
- Speaking nicely to others and in a positive tone
- Practicing communicating emotions properly
- Respecting our elders

We do not condone:

- ANY FORM OF BULLYING
- Physical violence or inappropriate touching
- Verbal aggression
- Swearing
- Not listening to counselors
- Inappropriate showing of body parts/ or discussion

We have rules that are enforced to ensure all campers/ counselors are treated with the respect and dignity they deserve. Our number one priority is safe fun. If there are incidents or accidents, we follow a strict policy where they will be written up in an Accident / Incident Report.



## Allergies & Food

There is a strict no peanut policy. All peanuts found in snacks will be removed from the site immediately. All campers are required to bring a lunch, snacks, and full water bottle everyday other than Pizza Day! Pizza Day is covered by Little Champ Camp every Friday! We provide Cheese or Pepperoni and a drink. If your child has food restrictions and cannot eat this, please let the Camp Director know before Registration.

### *Allergies*

Please see the Allergies Form and fill in. Any camper whom has an EpiPen is required to fill in the Allergies Form and create an Action Plan with the counselor and Camp Director.



## Trips

All Campers are welcome to attend all field trips. Field trip forms will be submitted before the field trip with the field trip money. If a Camper does not want to attend, please let your counselor know and other arrangements will be made. If a camper is sick trip day, they will be refunded the following day.

## Safe Arrival and Dismissal

Parents/ guardians are required to pick up children within the allocated Camp Hours – 9 am to 4 pm, unless extended hours purchased. To ensure the safety of all children in our programs, parents/ guardians are required to physically escort their child to the program location each day. Children will only be released to those individuals listed on the Camper Information Form who provide photo identification. Children under 10 years of age are not permitted to leave unescorted. Children 10 years and older may leave unescorted only if written consent from a parent or legal guardian is provided.

## Rainy Day Policy

When it rains, we will be relocating to Applewood United Church located beside our Camp grounds. We have prepared rainy day activities for days such as these. Drop off and pick up will be at the front doors of the school. Please add us on Facebook, Twitter, Instagram- where we will provide any changes or weather updates throughout the camp season.



## Late Fees

Children must be picked up at the end of the day program. A late fee charge of \$5.00 for each 15-minute interval (or part thereof) after the close of the program will be charged to those who are late. The fee must be paid to the Camp Director before the child returns to the program the following day. Parents who are consistently late may be asked to withdraw their child from the program.

## Emergency and Illness

If it is necessary for you to contact your child due to an emergency, please call the Little Champ Camp number and we will assist to make whatever arrangements are necessary. If your child becomes ill at the program the parent/guardian will be notified immediately. If the parent/guardian is not available, the emergency contact will be contacted. Arrangements must be made for the child to be picked up if required.

## Safety

Safety is our number one priority. All our staff are certified in Emergency First Aid and must attend a comprehensive training session prior to the start of the program. It is very important that all participants understand the rules and expectations regarding safety and behavior established for the program. Program Staff will discuss these rules and expectations with the participants on the first day of the week's program and remind when needed.

Still Have Questions?

Visit our camp website [www.littlechampcamp.com](http://www.littlechampcamp.com), e-mail us [littlechampcamp@gmail.com](mailto:littlechampcamp@gmail.com) or call the Camp to speak to someone directly at (647) 957-2455.

\*Please label all items with campers first and last name to ensure nothing is misplaced\*